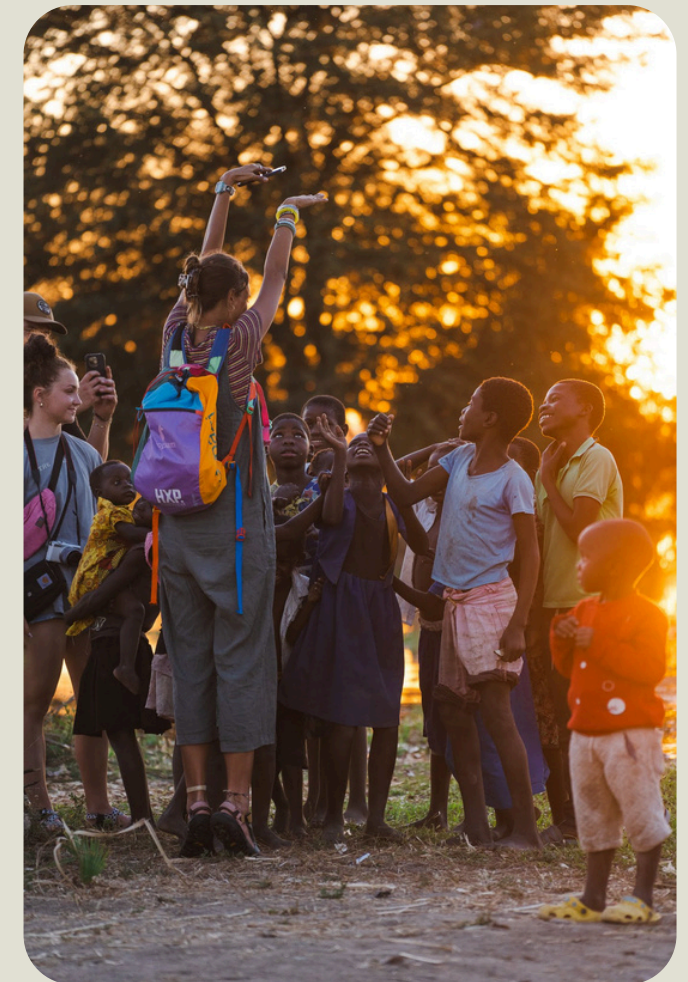


Mainland

PARENT AT HOME EXPO





**ALMOST HEAVEN
LONE STAR
OBX**

MAINLAND

2024 Trip Stats

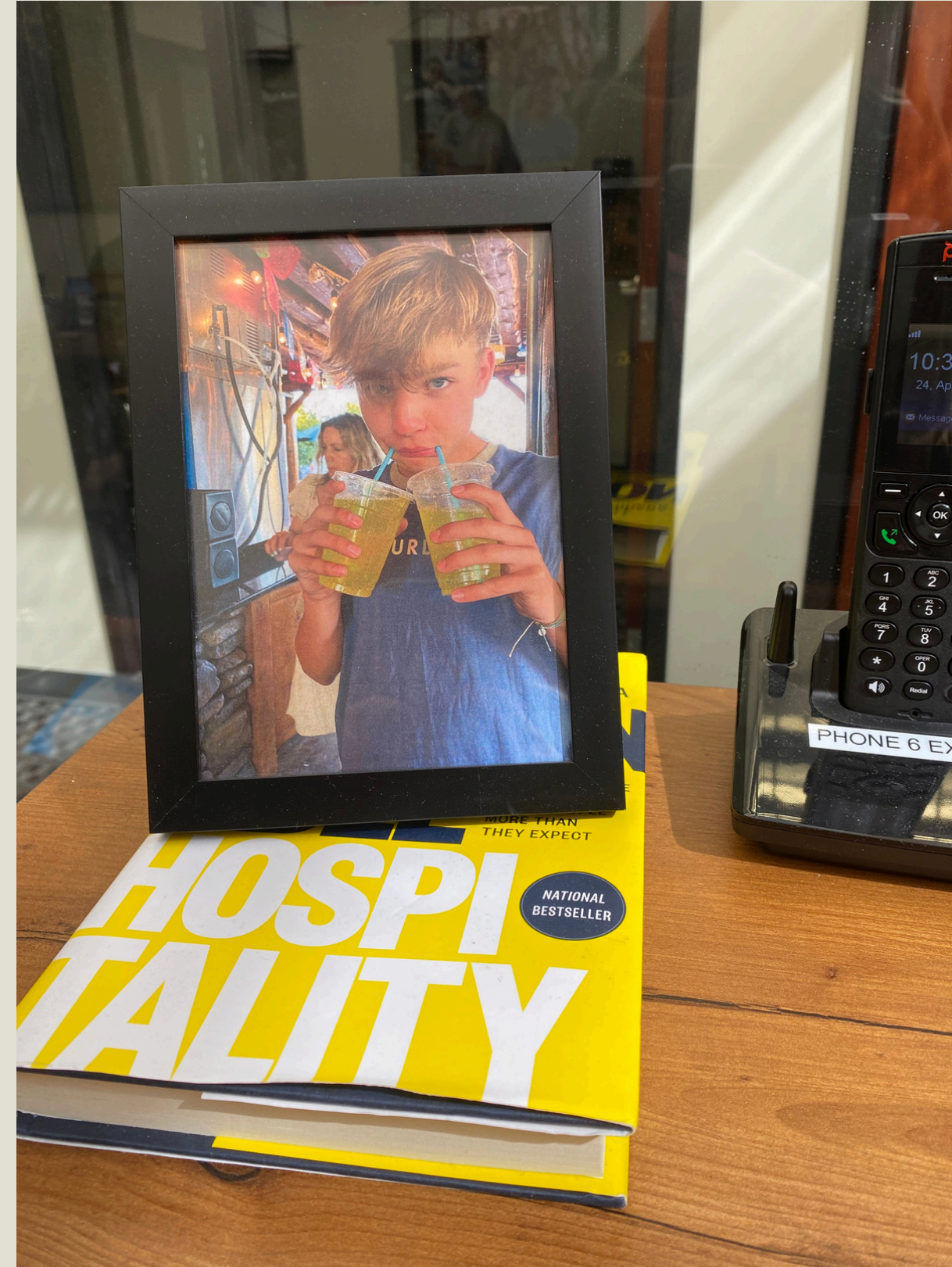
TOTAL INTERNATIONAL DESTINATIONS: 56

TOTAL DOMESTIC DESTINATIONS: 3

TOTAL BUILDERS: nearly 6,500

TOTAL PARENT BUILDERS: 600

TOTAL TRIP LEADERS: 360





SAFETY



In case of emergency, we have a 24-hour hotline during the summer. If there's an emergency at home or on your child's trip, HXP base will get you in touch quickly. We are in constant communication with all of our Trip Leaders throughout their trips, but we filter communication so they can focus first and foremost on running trips and connecting with their Builders.

For minor medical concerns (constipation, diarrhea, headache, etc.), Trip leaders will be in contact with HXP medical professional, Dr. Soucie. For major medical concerns (including trips to local clinics/hospitals), HXP will be in contact with parents & guardians.



Dr. Soucie is a huge piece of the puzzle when it comes to extra precautions we take to keep Builder safe. For several years, Dr. Soucie, a board-certified family medicine physician, has made himself available 24/7, May through August, to give advice and answer any medical questions. In addition to his volunteered time during the summer, Dr. Soucie comes to the weekend-long Trip Leader training, where he prepares Trip Leaders for common travel health occurrences like dehydration, motion sickness, and diarrhea. Regardless of the hour of day and severity of the question, Dr. Soucie is quick to answer, patient beyond measure, and confident in his advice on how to best move forward.

World Travel Protection

Monitor Global Risks, Locate Your Travellers & Get Real-Time Alerts If Threats May Occur



PLEASE SIGN YOUR WAIVERS

**Information will be available on the HXP
website in the next few days.**

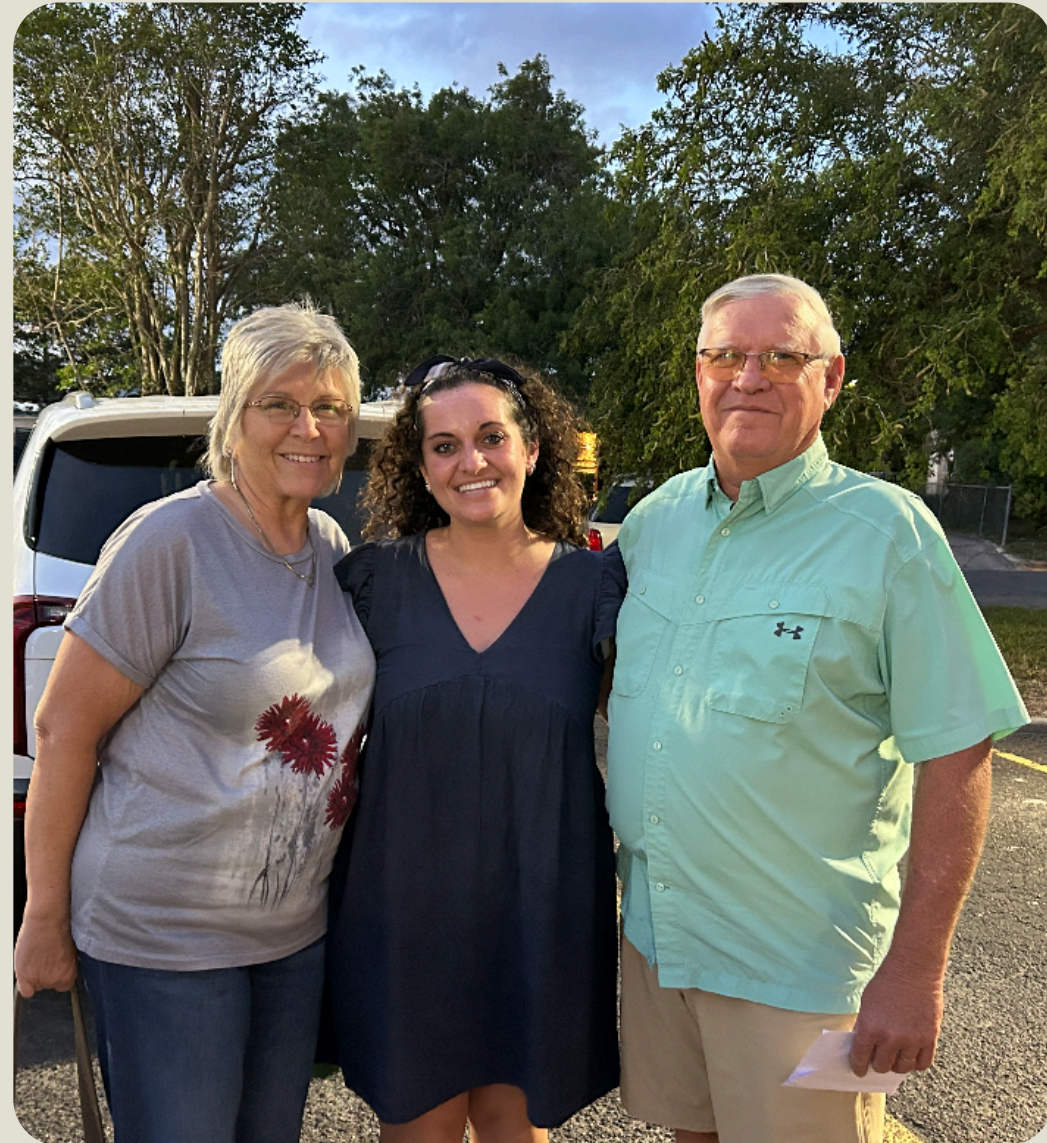
**If you have any questions while your
Builder is on their trip, reach out to HXP:**

801-900-4111

801-882-7797

INTERACTIONS WITH LOCALS

OUR VENDORS





Foreman



Students



Bus Drivers



Food Providers

PROJECT

The United States' poverty rate was 13.6 percent, meaning 1.4 million people live in poverty without adequate or affordable housing options. In rural areas, this problem is even worse, with one in every five children reported to be living at or below the poverty line. In the last 20 years, a radical demographic transformation has occurred in certain areas of rural America.



This summer, HXP Builders will be providing home repairs such as insulation and drywall installation, along with priming and painting finished surfaces. Builders will also construct porches and wheelchair ramps, which are especially needed for those with mobility issues. Even the smallest things, like leaving the house to get mail, are a challenge for those without ramps. With the help of HXP Builders, these homes will become warmer, safer, and more accessible so families have a space they can enjoy.

FLIGHTS



Click [here](#) for Flights expo slides.

TRIP ITINERARY

WEEKDAY SCHEDULE

| ACTIVITY | START TIME | END TIME |
|--|------------|----------|
| Wake Up/Get Ready | 6:30 AM | 7:00 AM |
| Scripture Study/Devotional | 7:00 AM | 7:45 AM |
| Breakfast | 7:45 AM | 8:30 AM |
| Travel to Project Site | 8:30 AM | 9:00 AM |
| Work on Project | 9:00 AM | 12:00 PM |
| Lunch | 12:00 PM | 1:00 PM |
| Work on Project | 1:00 PM | 4:00 PM |
| Travel Home | 4:00 PM | 4:30 PM |
| Shower/Get Ready | 4:30 PM | 5:00 PM |
| Dinner and Nightly Culture/Ward Activity | 5:00 PM | 9:00 PM |
| Devotional/Journal Time | 9:00 PM | 10:00 PM |
| Get Ready for Bed | 10:00 PM | 10:30 PM |
| In Bed | 10:30 PM | |

SUNDAY SCHEDULE

| ACTIVITY | START TIME | END TIME |
|------------------------------|------------|----------|
| Wake Up/Get Ready | 7:00 AM | 7:30 AM |
| Scripture Study/Devotional | 7:30 AM | 8:15 AM |
| Breakfast | 8:15 AM | 9:00 AM |
| Travel to Church | 9:00 AM | 9:45 AM |
| Church | 10:00 AM | 12:00 PM |
| Lunch | 12:00 PM | 1:00 PM |
| Splits with the Missionaries | 1:00 PM | 2:00 PM |
| Travel Home | 2:00 PM | 2:45 PM |
| Group Activity/Journal Time | 3:00 PM | 5:30 PM |
| Dinner | 5:30 PM | 6:15 PM |
| Fireside with the Ward | 7:00 PM | 9:00 PM |
| Devotional | 9:45 PM | 10:00 PM |
| Get Ready for Bed | 10:00 PM | 10:30 PM |
| In Bed | 10:30 PM | |

HOW TO
FOLLOW ALONG

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www.humanitarianxp.org/registration

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Takeover Trip 4

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ALMOST HEAVEN

LONE STAR

OBX

@hxp.westvirginia

@hxp.lonestar

@hxp.obx

LETTERS HOME

Halfway through the trip—typically Wednesday—all builders write a handwritten note home. Trip Leaders will take pictures of the letter and email it to you. This is a great opportunity for them to talk about the trip and what they've learned, and you'll be blown away by their growth and perspective shift in such a short period of time.



PACKING

HXP Pro-tip:

‘UNPACK WITH YOUR BUILDER’

This is the perfect opportunity to get to know all the little details of your Builder’s trip!

Click [here](#) for HXP Packing lists.





CONTACT US

801-900-4111 (MW 9-4:30, F 9-2)

info@hxp.org (M-F)