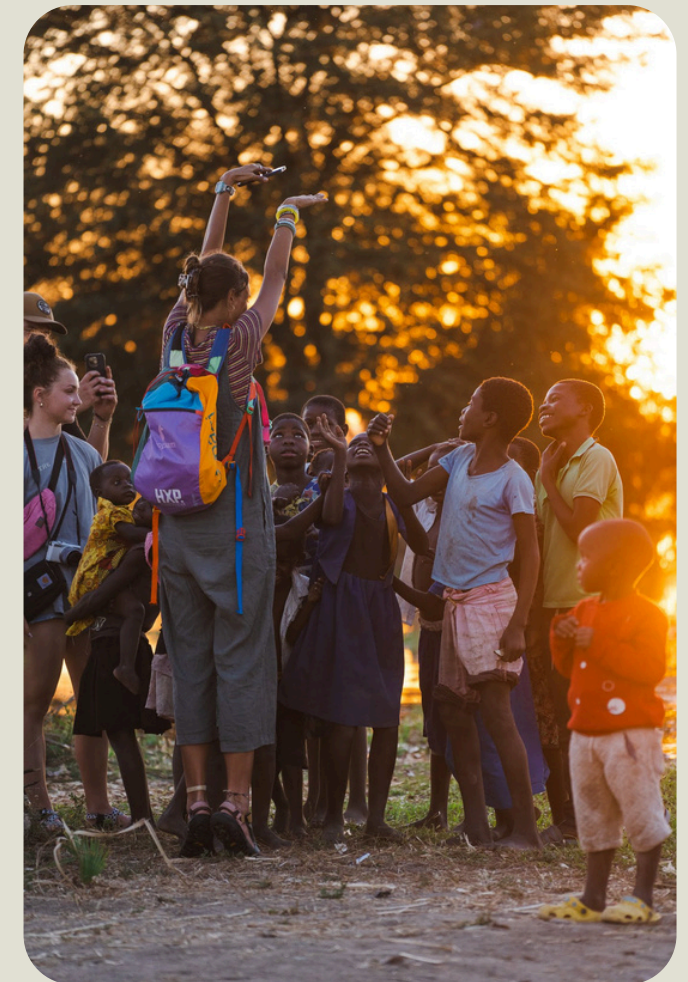


# Africa Region

PARENT AT HOME EXPO







**KENYA MASAI MARA  
MALAWI: HEART OF AFRICA  
MOZAMBIQUE AVENTURA  
MOZAMBIQUE KRUGER  
UGANDA NILE RIVER  
ZIMBABWE**

---

**AFRICA**

# 2024 Trip Stats

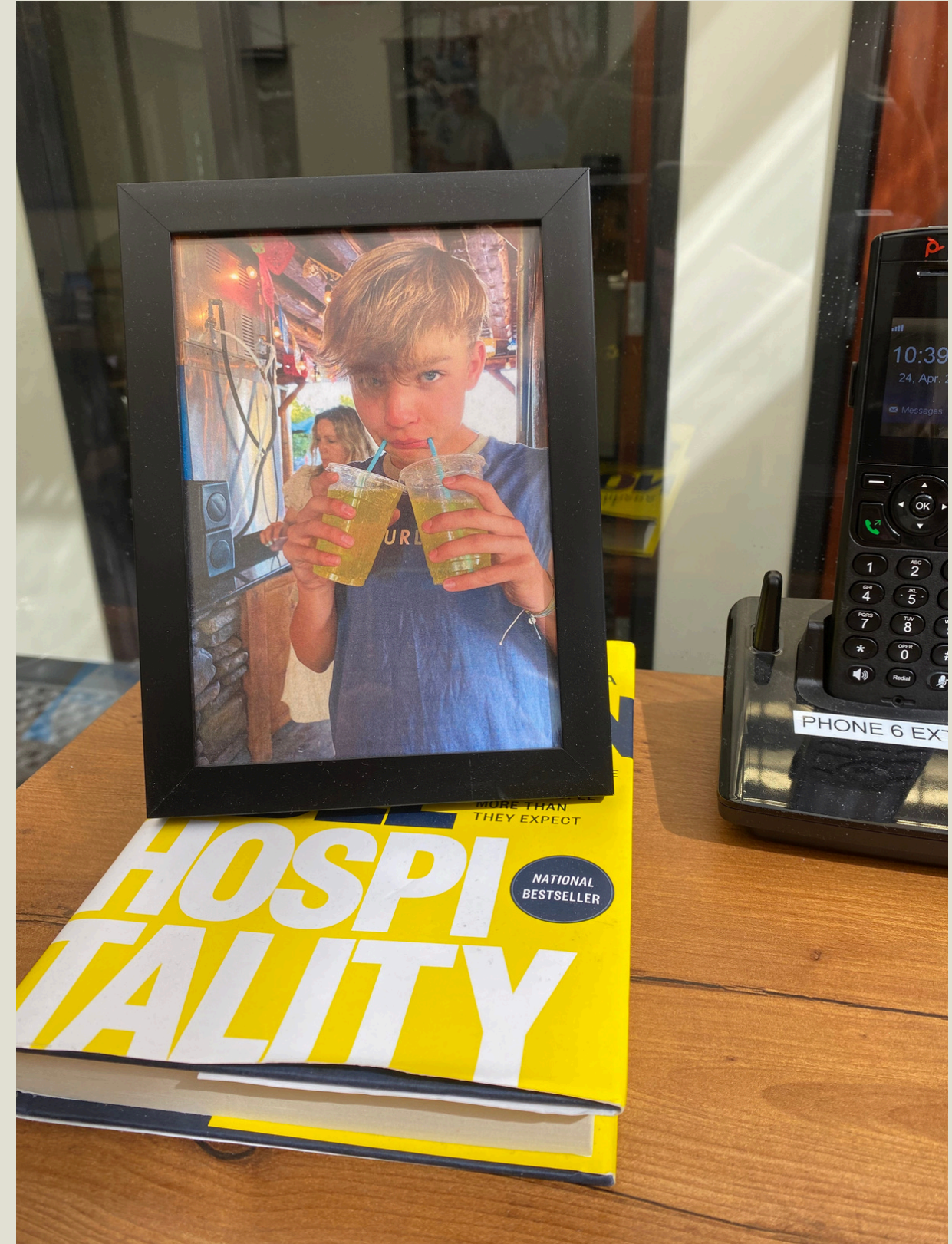
TOTAL INTERNATIONAL DESTINATIONS: 56

TOTAL DOMESTIC DESTINATIONS: 3

TOTAL BUILDERS: nearly 6,500

TOTAL PARENT BUILDERS: 600

TOTAL TRIP LEADERS: 360





SAFETY



In case of emergency, we have a 24-hour hotline during the summer. If there's an emergency at home or on your child's trip, HXP base will get you in touch quickly. We are **in constant communication** with all of our Trip Leaders throughout their trips, but we filter communication so they can focus first and foremost on running trips and connecting with their Builders.

For minor medical concerns (constipation, diarrhea, headache, etc.), Trip leaders will be in contact with the HXP medical team. For major medical concerns (including trips to local clinics/hospitals), HXP will be in contact with parents & guardians.





Our HXP medical team is a huge piece of the puzzle when it comes to **extra precautions we take to keep Builder safe**. In addition to 24/7 availability over the summer, the HXP medical team comes to the three-day Trip Leader training, where Trip Leaders are prepared for common travel health occurrences dehydration, motion sickness, and diarrhea. **Regardless of the hour of day and severity of the question, the HXP medical team is quick to answer, patient beyond measure, and confident in his advice on how to best move forward.**

# World Travel Protection

Monitor Global Risks, Locate Your Travellers & Get Real-Time Alerts If Threats May Occur



**If you have any questions while your  
Builder is on their trip, reach out to HXP:**

**801-900-4111**

**801-882-7797**

# INTERACTIONS WITH LOCALS

# Our Local Coordinators





**Foreman**



**Students**



**Bus Drivers**

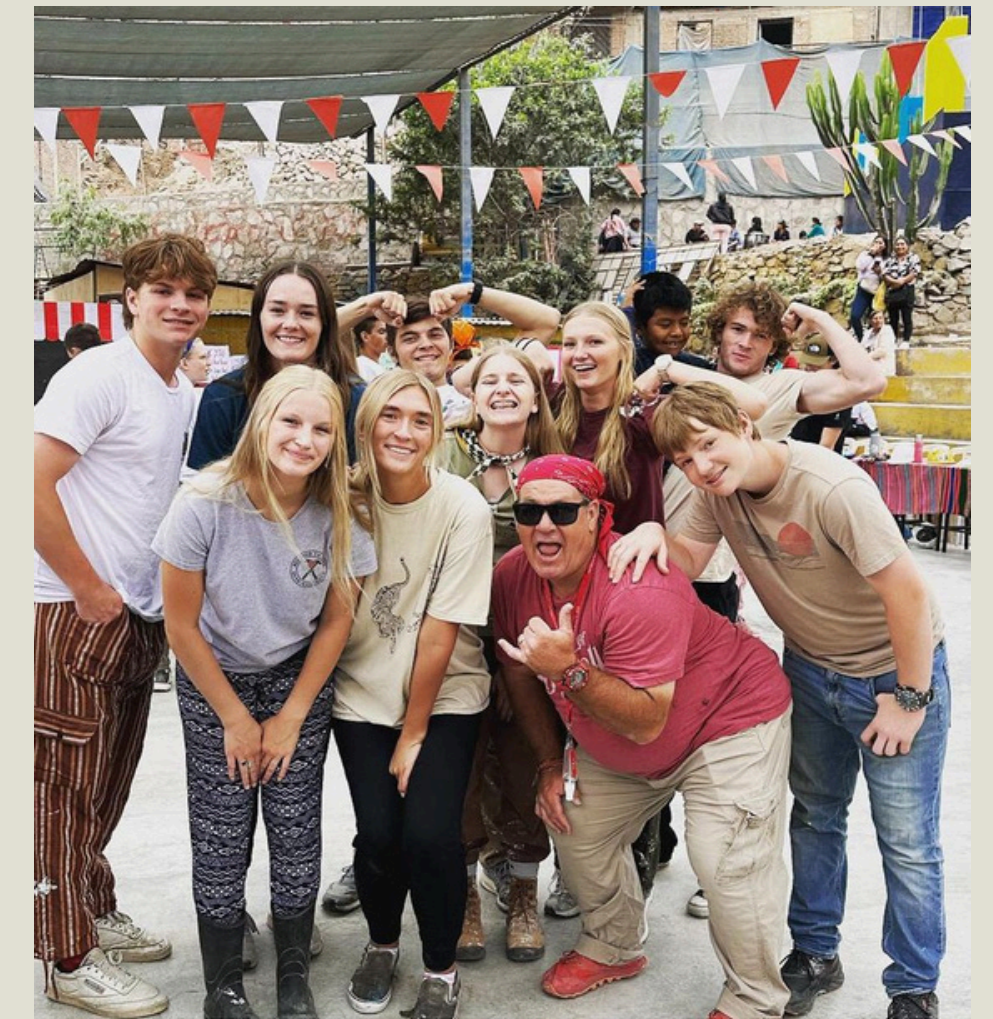


**Food Providers**

PROJECT

In 2019, Bill and Melinda Gates wrote a letter about some of the biggest surprises they have seen in Africa, many of which HXP has also discovered:

“The world keeps getting older, but Africa stays (nearly) the same age. In every part of the world, people are living longer. As more children survive to adulthood, women are having fewer kids than ever before... except in Africa. The median age there is just 18. In North America, it is 35. If sub-Saharan Africa commits to investing in its young people, the region could double its share of the global labor force by 2050, unlocking a better life for hundreds of millions of people.”



This summer, HXP Builders will be part of the solution to this issue by community buildings - including schools and bakeries. The construction of these buildings will give locals a conducive environment for growth. The service of HXP Builders will be valuable in providing these children with new opportunities for learning, growth, and development.



FLIGHTS



Click [here](#) for Flights expo slides.

VISAS

**HXP.**  
HUMANITARIAN  
EXPERIENCE™

Builder Portal

## Visa

Helpful Links

[Malawi Visa Info](#)

### Malawi Visa

Your last uploaded Visa is currently awaiting approval  
You are required to upload a copy of your Malawi Visa. Please click on the button below

[Select Visa](#)

- ✓ Trip Details
- ✓ Pay For Your Trip
- ✓ Builder Info
- ✓ Checklist Status
  - ✓ Passport
  - ✓ Builder Packet
  - ✓ Parent at Home Packet
  - ✓ Parent/Guardian Info
  - ✓ Emergency Contacts
  - ✓ All About You
  - ✓ Notarized Authorization
  - ✓ Health Form
  - ✓ GroupMe
  - ✓ Flight Information
  - ✓ Vaccines
  - ✓ **Visa**
  - ✓ Parent at Home Info
  - ✓ Manage Your Trip
  - ✓ Policies
  - ✓ Custody Agreement

☰ What's next?

Logout

Version 2.1.13



## Malawi HoA (Kenya) 1 eVisa Packet

\*HXP is not a visa agency, all Builders will be responsible for getting the necessary visa. We have provided below all the information you need from HXP to obtain your visa, please direct all visa questions to the consulate or our visa specialist partners, CIBT and their website made specifically for our HXP Builders.

[CIBT x HXP website](#)

If you choose to complete your application through our visa partner, CIBT, you can contact them about questions or concerns via our direct line for all HXP Builders.

Dedicated Phone line: 866-504-3255

Email: [hxp@cibt.com](mailto:hxp@cibt.com)

### Visa Deadlines:

**You can start your visa process March 12th, and must complete all items by May 12th to avoid visa and passport delays. Processing time is estimated to be 3-5 days after the Kenya Embassy receives your application.**

[How to apply video](#)

### How to Apply for the Kenya eVisa Without CIBT:

1. Go to <http://evisa.go.ke/evisa.html> and click on apply now. After agreeing to the terms and conditions, apply as an individual.
2. Input country of residence
3. Fill in the application form
  - a. Upload passport image (This is the page in your passport that has your photo)
    - i. Make sure to upload as a Jpeg

## Visa

### Helpful Links


[Malawi Visa Info](#)


### Malawi Visa


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- ✓ Flight Information
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- ✓ Visa
- ✓ Parent at Home Info
- ✓ Manage Your Trip
- ✓ Policies
- ✓ Custody Agreement

 What's next?

 Logout

# TRIP ITINERARY

# WEEKDAY SCHEDULE

ACTIVITY	START TIME	END TIME
Wake Up/Get Ready	6:30 AM	7:00 AM
Scripture Study/Devotional	7:00 AM	7:45 AM
Breakfast	7:45 AM	8:30 AM
Travel to Project Site	8:30 AM	9:00 AM
Work on Project	9:00 AM	12:00 PM
Lunch	12:00 PM	1:00 PM
Work on Project	1:00 PM	4:00 PM
Travel Home	4:00 PM	4:30 PM
Shower/Get Ready	4:30 PM	5:00 PM
Dinner and Nightly Culture/Ward Activity	5:00 PM	9:00 PM
Devotional/Journal Time	9:00 PM	10:00 PM
Get Ready for Bed	10:00 PM	10:30 PM
In Bed	10:30 PM	

# SUNDAY SCHEDULE

ACTIVITY	START TIME	END TIME
Wake Up/Get Ready	7:00 AM	7:30 AM
Scripture Study/Devotional	7:30 AM	8:15 AM
Breakfast	8:15 AM	9:00 AM
Travel to Church	9:00 AM	9:45 AM
Church	10:00 AM	12:00 PM
Lunch	12:00 PM	1:00 PM
Splits with the Missionaries	1:00 PM	2:00 PM
Travel Home	2:00 PM	2:45 PM
Group Activity/Journal Time	3:00 PM	5:30 PM
Dinner	5:30 PM	6:15 PM
Fireside with the Ward	7:00 PM	9:00 PM
Devotional	9:45 PM	10:00 PM
Get Ready for Bed	10:00 PM	10:30 PM
In Bed	10:30 PM	



HOW TO  
FOLLOW ALONG

hxp.fijinadi

**HXP.**  
HUMANITARIAN EXPERIENCE

2,513 posts   1,376 followers   1 following

HXP Fiji Nadi  
Formerly @hefy.fijinadi  
[www.humanitarianxp.org/registration](http://www.humanitarianxp.org/registration)

Followed by hailey\_wilson32, woolley and 3 others

Follow Message

Takeover Highlights Fijinadi5 Fiji Nadi 4 Group 3 '23...

Grid of photos showing humanitarian work, including a group photo with the text "THANKS TO YOU, 2023 WAS THE BIGGEST SUMMER YET" and various scenes of people and activities.

hxp.guatemalamayan

**HXP.**  
HUMANITARIAN EXPERIENCE

1,103 posts   824 followers   1 following

HXP Guatemala Mayan  
[www.humanitarianxp.org/registration](http://www.humanitarianxp.org/registration)

Followed by kaylee.barloww, mitch\_stepan and 25 others

Following Message

Takeover Trip 4

Grid of photos showing humanitarian work, including a group photo with the text "THANKS TO YOU, 2023 WAS THE BIGGEST SUMMER YET" and various scenes of people and activities.

hxp.kenyamasaimara

**HXP.**  
HUMANITARIAN EXPERIENCE

1,396 posts   1,308 followers   1 following

HXP Kenya Masai Mara  
Followed by ljtate11, bollisbunt and 2 others

Follow Message

Takeover Kenya 5 Kenya 2

Grid of photos showing humanitarian work, including a group photo with the text "THANKS TO YOU, 2023 WAS THE BIGGEST SUMMER YET" and various scenes of people and activities.

hxp.peru.iqitos

**HXP.**  
HUMANITARIAN EXPERIENCE

745 posts   774 followers   1 following

HXP Peru Iquitos  
This is the OFFICIAL HXP Peru Iquitos Account! -HXP HQ

Followed by hxp.humanitarianexperience and hattiejackson\_

Follow Message

Takeover Group 5 Iqu... Group 5 Iqu... Group 5 Iqu... Iquitos grou...

Grid of photos showing humanitarian work, including a group photo with the text "THANKS TO YOU, 2023 WAS THE BIGGEST SUMMER YET" and various scenes of people and activities.



# PARENT BUILDER

## INSTAGRAM CALENDAR

<b>TRAVEL DAY 1</b>	<b>TRAVEL DAY 2</b>	<b>SIGHTSEEING DAY 1</b>	<b>SIGHTSEEING DAY 2</b>	<b>SABBATH DAY</b>	<b>WORKSITE DAY 1</b>	<b>WORKSITE DAY 2</b>
MEETUP AIRPORT: 1 POST OF GROUP IN U.S. POST FOR EACH LAYOVER	<b>ARRIVAL IN COUNTRY: POST UPON ARRIVAL!!</b>	2 POSTS TODAY <b>INCLUDE AT LEAST 1 ENTIRE GROUP PICTURE!</b>	2 POSTS TODAY <b>INCLUDE AT LEAST 1 ENTIRE GROUP PICTURE!</b>	<b>YOUR CHOICE POST</b>	WORKSITE POST (INCLUDING A <b>GROUP PHOTO &amp; "BEFORE" PROJECT PHOTO</b> ) EVENING ACTIVITY POST	WORKSITE POST FROM LIST  EVENING ACTIVITY POST FROM LIST
<b>WORKSITE DAY 3</b>	<b>WORKSITE DAY 4</b>	<b>WORKSITE DAY 5</b>	<b>SIGHTSEEING</b>	<b>SABBATH DAY</b>	<b>WORKSITE DAY 6</b>	<b>WORKSITE DAY 7</b>
WORKSITE POST FROM LIST  EVENING ACTIVITY POST FROM LIST	WORKSITE POST FROM LIST  EVENING ACTIVITY POST FROM LIST	WORKSITE POST FROM LIST  EVENING ACTIVITY POST FROM LIST	2 POSTS TODAY <b>INCLUDE AT LEAST 1 ENTIRE GROUP PICTURE!</b>	<b>YOUR CHOICE POST</b>	WORKSITE POST FROM LIST  EVENING ACTIVITY POST FROM LIST	WORKSITE POST FROM LIST  EVENING ACTIVITY POST FROM LIST
<b>WORKSITE DAY 8</b>	<b>TEMPLE DAY</b>	<b>TRAVEL HOME DAY</b>				
WORKSITE (INCLUDING A <b>GROUP PHOTO &amp; "AFTER" PROJECT PHOTO</b> ) EVENING ACTIVITY POST	<b>YOUR CHOICE POST</b>	BACK TO THE U.S.: 2 POSTS INCLUDING A <b>GROUP PICTURE WHEN YOU LAND IN THE U.S.</b>				

**Mandatory specific posts**

**Your choice posts**

Refer to the list for content ideas

**KENYA MASAI MARA**

@hxp.kenyamasaimara

**MALAWI: HEART OF AFRICA**

@hxp.malawiheartofafrica

**MOZAMBIQUE AVENTURA**

@hxp.mozambiqueaventura

**MOZAMBIQUE KRUGER**

@hxp.mozambiquekruger

**UGANDA NILE RIVER**

@hxp.uganda.nileriver

**ZIMBABWE**

@hxp.zimbabwe

# LETTERS HOME

Halfway through the trip—typically Sunday—all builders write a handwritten note home. Trip Leaders will take pictures of the letter and email it to you. This is a great opportunity for them to talk about the trip and what they've learned, and you'll be blown away by their growth and perspective shift in such a short period of time.



PACKING

**One of the best parts of HXP trips is learning to love a new culture. Builders can show gratitude and appreciation for the people that so generously welcome us into their lives is by respecting their culture. This can be done in a variety of ways.**



**Builders can show respect by the clothing they wear. Some countries have traditional clothing that they share with us, and Builders can show appreciation by honoring this clothing and wearing it appropriately. Other places have different standards of what appropriate dress means, and we can honor the country and culture by dressing according to this more modest standard.**

HXP Pro-tip:

# ‘UNPACK WITH YOUR BUILDER’

This is the perfect opportunity to get to know all the little details of your Builder’s trip!

Click [here](#) for HXP Packing lists.







## CONTACT US

801-900-4111 (MW 9-4:30, F 9-2)

[info@hxp.org](mailto:info@hxp.org) (M-F)